

# Relationships and Sexuality Education (RSE) Reception- Year 2



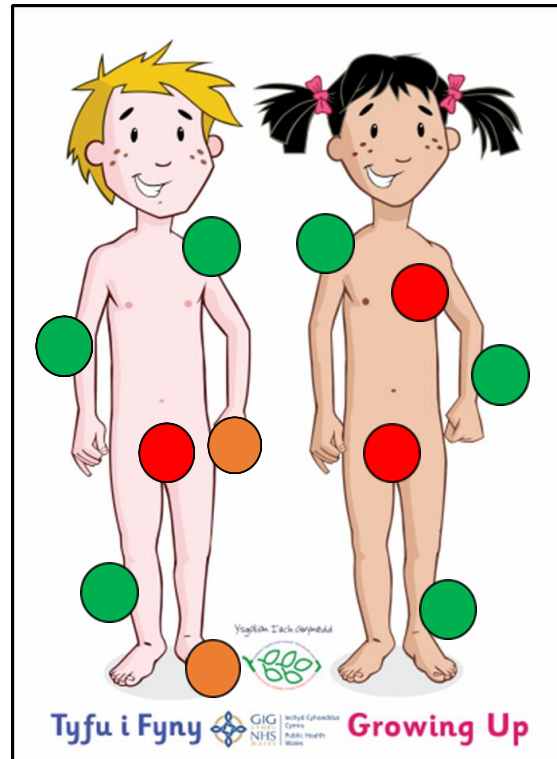
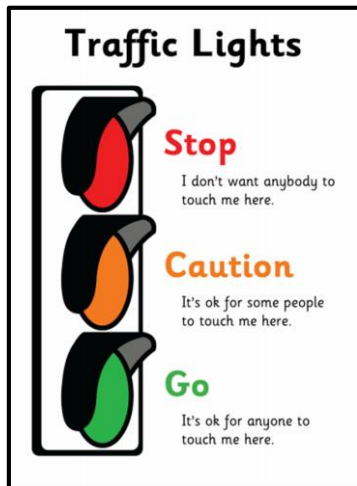
**Information leaflet for parents and carers**



The purpose of this leaflet is to provide you with information on how and what will be taught to the children in the Foundation Phase.

RSE will be taught through:

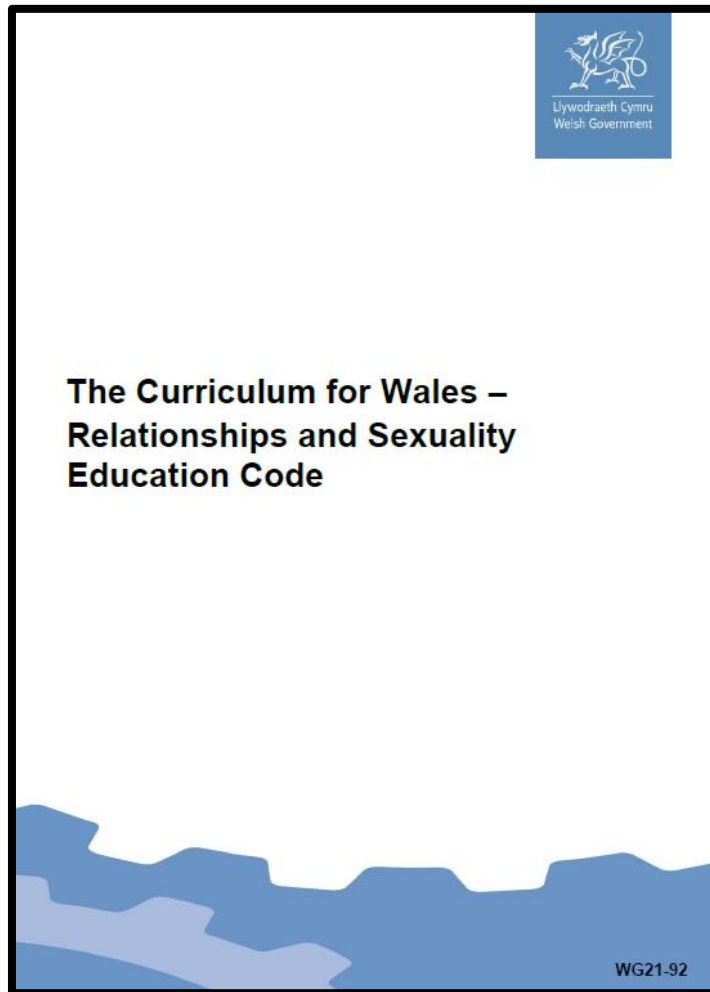
- The Curriculum for Wales Areas of Learning and Experience, e.g., Health and Wellbeing, Humanities, Science and Technology, Languages, Literacy and Communication
- Cross-cutting themes, e.g., Growing and Learning Together, People Who Help Us
- Circle time activities
- Storybooks
- Welsh Government and Public Health Wales approved resources, e.g., Tyfu i Fyny / Growing Up, Making Sense of Growing Up and Keeping Safe
- Informal opportunities that arise in the classroom



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In 2022, Welsh Government published **The Curriculum for Wales – Relationships and Sexuality Code**. The Code contains the mandatory requirements for teaching RSE and contains 3 broad Strands:

**Relationships and identity**  
**Sexual health and well-being**  
**Empowerment, safety and respect**

Each strand of learning is divided into 3 broad developmental phases:

- Phase 1 - From approximately age 3
- Phase 2 - From approximately age 7
- Phase 3 - From approximately age 11

Children will build upon previous learning, consolidating knowledge and skills and apply them in new, relevant context.

**RSE will be mandatory for all learners aged 3 – 16 from September 2022.**

**From September 2022, parents and carers will no longer be entitled to withdraw their child/young person from RSE.**

[curriculum-for-wales-relationships-sexuality-education-code.pdf \(gov.wales\)](https://curriculum-for-wales-relationships-sexuality-education-code.pdf)

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This is what your child will learn during the Foundation Phase (Phase 1).

**NB All learning will be developmentally appropriate.**

## Relationships and identity

Children will:

- ✓ act with kindness, empathy and compassion in interactions with others immediate to them including family, friendship and peer relationships;
- ✓ develop an awareness of how to communicate wants and needs in relationships, and begin to respect those of others;
- ✓ develop an awareness of how needs relate to rights;
- ✓ develop an awareness of the diversity of families and relationships, including friendship and peer relationships, and why these are important;
- ✓ develop a sense of themselves, in the context of families, friends and communities;
- ✓ recognise how people value different things and have different families, friends and communities;
- ✓ experience inclusive behaviours, language and role modelling that show respect for others, whatever their gender;
- ✓ recognise learners' rights to be treated fairly, kindly and with respect.

## Sexual health and wellbeing

Children will:

- ✓ use accurate terminology for all body parts, i.e. **penis** and **testicles** for males and **breasts** and **vagina** for females;
- ✓ develop an awareness of the human life cycle and that reproduction is a part of life;
- ✓ develop an awareness of how human bodies change as they grow;
- ✓ develop an awareness of the importance of personal self-care and hygiene;
- ✓ recognise that everyone's body is unique and special to them;
- ✓ develop an awareness of the different feelings one can have, recognising other people's feelings and how these may differ to your own;
- ✓ recognise trusted adults who can help them and whom they can talk to and ask questions of, especially when they feel unhappy or unsafe.

## Empowerment, safety and respect

Children will:

- ✓ recognise harmful behaviour including behaviours which are discriminatory and the right to be free from discrimination;
- ✓ be able to interact with others in a way that is fair;
- ✓ recognise the right to be free from harmful, abusive and bullying behaviour;
- ✓ develop an awareness of how to recognise positive and harmful behaviours, including bullying;
- ✓ be able to share with a trusted adult when faced with harmful behaviours;
- ✓ beginning to recognise that other people have thoughts, feelings and opinions that are different;
- ✓ develop an awareness of the need to seek agreement in order to share, for example toys;
- ✓ develop an awareness of everyone's right to privacy, personal boundaries and which parts of the body are private;
- ✓ be able to communicate if someone is touching them in a way that makes them feel uncomfortable;
- ✓ develop an awareness of how to keep safe when using digital media, including sharing with a trusted adult when they feel uncomfortable or scared;
- ✓ develop an awareness that everyone has the right to be safe and no one is allowed to harm anyone else;
- ✓ be able to speak up for each other.

**If you wish to see a copy of the school's policy, resources or for more information please contact the school.**

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