

September 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

October 2025				
M	T	W	T	F
	1	2	3	
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

November 2025				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

December 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January 2026				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

February 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

March 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April 2026				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May 2026				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

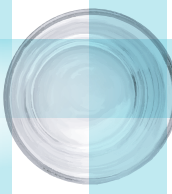
June 2026				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

July 2026				
M	T	W	T	F
	1	2	3	
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

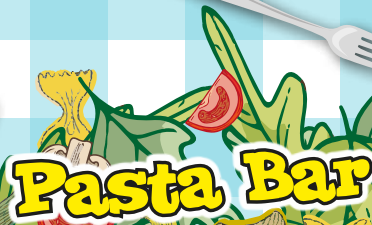


# Week 1

TORFAEN COUNTY BOROUGH  
BWRDEISTREF SIROL TORFAEN



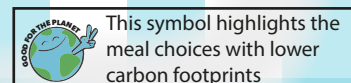
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bubble Salmon*</b> served with Herby diced potatoes, peas or mixed salad, bread and spread or <b>Vegetable Noodles (v)</b> served with a tortilla wrap ***** Jam and Coconut Sponge with custard	<b>Homemade Beef Lasagne</b> or <b>Homemade Quorn and Spinach Lasagne (v)</b> served with garlic bread and mixed salad ***** Fruit and yoghurt	<b>Roast Chicken and Stuffing</b> or <b>Quorn Fillet and Stuffing (ve)</b> served with dry roast and boiled potatoes, seasonal vegetables and gravy ***** Fruit flapjack and milk	<b>Pork and Carrot Meatballs</b> or <b>Quorn Balls (v)</b> served with mashed potatoes, broccoli, carrots, green beans and gravy ***** Fruit and yoghurt	<b>Cheese and Tomato Pizza (v)</b> served with chips, mixed salad or peas or <b>Cheesy Bean Filled Jacket Potato (v)</b> ***** Chocolate arctic roll



Monday	Tuesday	Wednesday	Thursday	Friday
Rich Homemade Bolognese	Mac and Cheese (v)	Tuna and Sweetcorn Mayo	Quorn Sausage (ve) in a Rich Tomato Sauce	Chicken and Mixed Peppers



V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.  
\*salmon fillet in a gluten free rice/maize flour bubbly crumb coating.



September 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

October 2025				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

November 2025				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

December 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January 2026				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

February 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

March 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April 2026				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May 2026				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

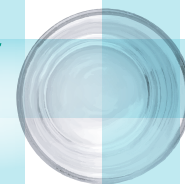
June 2026				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

July 2026				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

# Menu 2025 to 2026

## Week 2

TORFAEN COUNTY BOROUGH  
BWRDEISTREF SIROL TORFAEN



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jumbo Fish Finger</b> or <b>Vegetable Nuggets (ve)</b> served with Herby diced potatoes, peas or baked beans ***** Lemon drizzle cake and custard	<b>Homemade Chicken Curry</b> or <b>Homemade Quorn Curry(v)</b> served with rice, mixed salad and naan bread ***** Fruit and yoghurt	<b>Roast Turkey and Stuffing</b> or <b>Quorn Fillet and Stuffing(ve)</b> served with dry roast and boiled potatoes, vegetable selection and gravy ***** Welsh cake and milk drink	<b>Homemade Beef Spaghetti Bolognese</b> or <b>Homemade Vegetable Bolognese (v)</b> served with a side salad and garlic bread ***** Fruit and yoghurt	<b>Pork Sausage Hot Dog</b> or <b>Glamorgan Sausage Hot Dog (v)</b> served with chips, baked beans or peas ***** Fruit and ice cream

### Pasta Bar

Also Available Daily  
Plain/  
Tomato Pasta  
or Baked  
Potatoes

Accompanied with  
Tortilla wrap/  
Garlic bread,  
cheddar cheese  
with a mixed salad  
or baked beans

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pork and Carrot Meatballs</b> in a rich Tomato Sauce	<b>Rich Homemade Bolognese</b>	<b>Chicken Mayonnaise</b>	<b>Mac and Cheese (v)</b>	<b>Quorn Sausage (ve) in a</b> savory Tomato Sauce



This menu is compliant with the Healthy Eating in Schools Regulations 2013

**Catering for Medical Diets/Food Allergies**  
For special diets requests please e-mail: [specialdietrequest@torfaen.gov.uk](mailto:specialdietrequest@torfaen.gov.uk)

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.  
\*salmon fillet in a gluten free rice/maize flour bubbly crumb coating.

This symbol highlights the meal choices with lower carbon footprints

Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.



September 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

October 2025				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

November 2025				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

December 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January 2026				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

February 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

March 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April 2026				
M	T	W	T	F
			1	2
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May 2026				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

June 2026				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

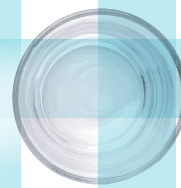
July 2026				
M	T	W	T	F
			1	2
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31



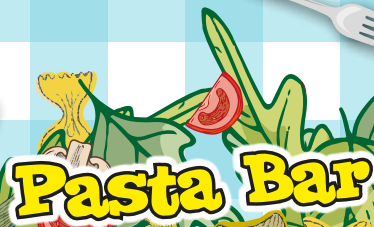
# Menu 2025 to 2026

## Week 3

TORFAEN COUNTY BOROUGH BWRDEISTREF SIROL TORFAEN

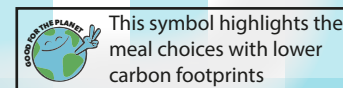


Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breaded Chicken Goujons</b> or <b>Quorn Nuggets (ve)</b> served with Herby diced potatoes, peas, bread and spread ***** Spicy Pineapple cake and custard	<b>Bubble Salmon*</b> served with Mashed potato, peas, bread and spread or <b>Mac and Cheese with Broccoli topped with a Crusty Crumb (v)</b> served with garlic bread and salad ***** Fruit and yoghurt	<b>Pork Sausage and Yorkshire Pudding</b> or <b>Quorn Sausage (ve) and Yorkshire Pudding</b> served with dry roast and mashed potato, seasonal vegetables and gravy ***** Chocolate brownie and milk	<b>Homemade BBQ Minced Beef</b> or <b>Homemade BBQ Quorn Mince (v)</b> served with rice, tortilla chips and side salad ***** Fruit and yoghurt	<b>Cheese and Tomato Pizza (v)</b> served with chips, peas and sweetcorn or <b>Tuna and Sweetcorn Filled Jacket Potato</b> ***** Raspberry arctic roll and fruit



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tuna and Sweetcorn Mayonnaise</b>	<b>Rich Homemade Bolognese</b>	<b>Chicken in a Creamy Tomato and Mascarpone Sauce</b>	<b>Mac and Cheese (v)</b>	<b>Quorn balls (ve) in a Savoury Tomato Sauce</b>

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.  
\*salmon fillet in a gluten free rice/maize flour bubbly crumb coating.



September 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

October 2025				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

November 2025				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

December 2025				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January 2026				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

February 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

March 2026				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April 2026				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May 2026				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

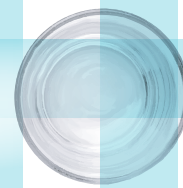
June 2026				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

July 2026				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

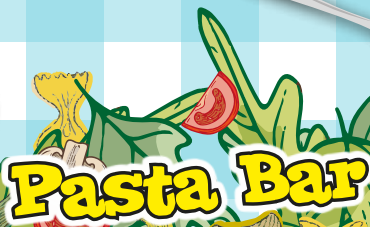


# Week 4

TORFAEN COUNTY BOROUGH  
BWRDEISTREF SIROL TORFAEN



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fish Fingers</b> or <b>Glamorgan Sausage (v)</b> served with Herby diced potatoes, baked beans, bread and spread ***** Fruit crumble and custard	<b>Homemade Beef Bolognese</b> <b>Pasta Bake</b> or <b>Homemade Quorn</b> <b>Bolognese Pasta Bake (v)</b> served with garlic bread and salad ***** Fruit and yoghurt	<b>Pork Loin and Stuffing</b> or <b>Quorn Fillet</b> <b>and Stuffing (ve)</b> served with dry roast and boiled potatoes, assorted vegetables and gravy ***** Fruit jelly and biscuit	<b>Homemade Chicken Curry</b> or <b>Homemade Quorn Curry(v)</b> served with rice, peas or sweetcorn and naan bread ***** Fruit and yoghurt	<b>Beefburger in a Bun</b> or <b>Vegetable Burger</b> <b>in a Bun (ve)</b> served with chips and peas ***** Toffee or strawberry yoghurt flavour ice cream



Monday	Tuesday	Wednesday	Thursday	Friday
Mac and Cheese (v)	Chicken and Mixed Peppers	Chicken Mayonnaise	Homemade Beef Bolognese	Pork Sausage in a savoury Tomato Sauce

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.  
\*salmon fillet in a gluten free rice/maize flour bubbly crumb coating.

